





## SASAKWA GARDEN SALAD WITH LEMON DRESSING

### Salad

Wash all the ingredients in cold water. Slice beetroots, radishes, carrots and red onion on a mandolin or with a very sharp knife into paper-thin slices. Tear and pick the lettuce, leaves and herbs into bite-size pieces and mix all the ingredients in a large salad bowl. Serve with lemon dressing.

Makes 1 large bowl of salad

4 small beetroots  
3 radishes  
6 baby carrots  
1 red onion  
1 cos lettuce head  
2 bunches of rocket  
handful of basil  
handful of coriander leaves  
handful of other mixed herbs

### Lemon dressing

Mix everything together in a bowl or jar with a lid and season to taste.

Makes 1 small jug

90 ml extra-virgin olive oil  
45 ml lemon juice  
15 ml honey  
sea salt to taste  
freshly ground black pepper  
to taste  
handful of fresh herbs, chopped  
(optional)